

I'm sick or hurt...



Need care,
safe to
wait?

Call your family doctor/nurse practitioner first

Same day appointments may be available
If you don't have a doctor/NP, walk-in clinics are open
Visit pathwaysbcvirtualcare.ca for more info

Minor
illness/
injury?

Call 811 for health advice 24/7

Walk-in clinics and the Medical Arts Urgent & Primary Care Centre are open
Examples: injuries/wounds, broken bones, cuts, asthma attacks, allergic reactions, fevers, burns, pain and infection

Don't feel
safe to
wait?

Call 911 or go to emergency

If you've been in a major accident or have a life-threatening situation.
Examples: Trouble breathing, chest pain/pressure, severe pain, heavy bleeding, signs of stroke - face droop, arm/leg weakness, difficulty speaking