

I'm sick or hurt... Where do I go?



Need care,
safe to
wait?

Call your family doctor/nurse practitioner first

- Same day appointments may be available
- If you don't have a doctor/NP, walk-in clinics are open
- Visit pathwaysbcvirtualcare.ca for more info

Minor
illness/
injury?

Call 811 for health advice 24/7

- Walk-in clinics and the Medical Arts Urgent & Primary Care Centre are open
- **Examples:** injuries/wounds, broken bones, cuts, asthma attacks, allergic reactions, fevers, burns, pain and infection

Don't feel
safe to
wait?

Call 911 or go to emergency

- If you've been in a major accident or have a life-threatening situation.
- **Examples:** Trouble breathing, chest pain/pressure, severe pain, heavy bleeding, signs of stroke - face droop, arm/leg weakness, difficulty speaking