



A Tertiary Hospital at NRGH

Nanaimo Medical Staff Association (MSA)
presentation to Nanaimo City Council

November 18, 2019

Medical Staff Association of NRGH – Roles and Goals

- Voice of the Medical Staff
- Advocate for Patient Care in Central & North Island (CI/NI)
- Engage Medical Staff and Island Health Administration: Achieve common goals
- Includes Planning - Tertiary Hospital at NRGH
- Engage the Community

A Tertiary Hospital at NRGH: A Primary MSA/IHA Goal

- The last 15 – 20 years Programs/Funding have not matched Medical Need and Population Growth in the Central and Northern Island
- Recognized by IH Administration and the IH Board at that time
- In 2017, a 5 Year Plan was created for a designated Tertiary Hospital at NRGH – IH Administration and Local Stakeholders
- Tertiary Hospital?

Why the Need for a Tertiary Hospital?

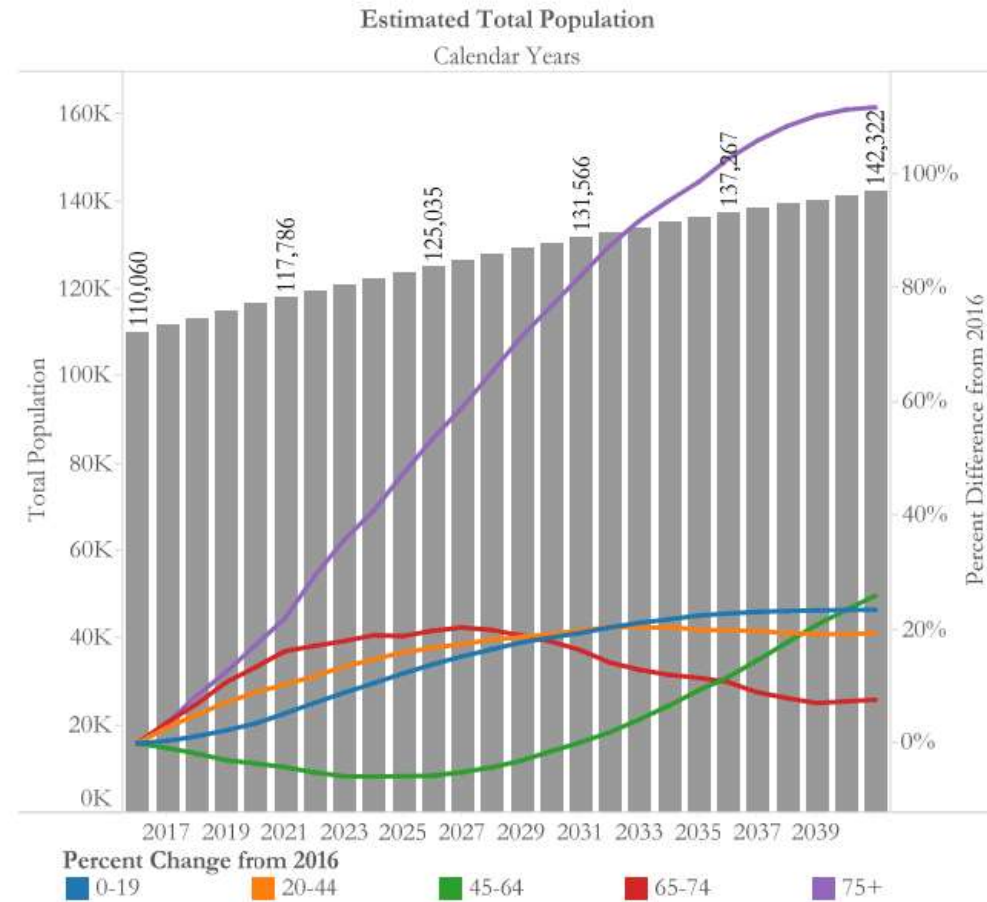
Simply – Population and Demographics

BC Government 2018 Statistics show:

- 422,033 in the CI/NI and 413,460 in the SI below the Malahat
- Oldest population in Canada in CI
- Growing slightly faster in CI/NI
- Complexity of patients is the same
- Busiest ER
- Acute care demands will increase in CI/NI!

Population and Demographics

- Expected population growth of 11.25%
- Faster than remainder of VI's 10.5%
- Age 75+ expected to double from 10% to 17.9% of the population



5 Year Plan for NRGH Towards a Tertiary Hospital

NANAIMO REGIONAL GENERAL HOSPITAL PRIORITY SERVICES DEVELOPMENT PLAN



August 2017



Priorities in the 5 Year Services Plan

1. Improve Culture and Relationships at NRGH
2. **(a) More Appropriate Care for Critically Ill Patients at NRGH**, including a new physical infrastructure for the ICU, a High Acuity Unit and CMCU
(b) Improve Access to General Internal Medicine and Medicine Sub-specialties, including Gastroenterology, Cardiology and Neurology Services
3. **Provide Appropriate Care for Pediatric Mental Health Patients.** Strengthen Care for Adolescent MH Patients in the Emergency Department and on Ward
4. **Meet Growing Demand for Cancer Care Services on VI**
5. Improve Access to Existing Surgical Services/New Services/Wound Care
6. Expand Access to Rehabilitation Services at NRGH and Other Nearby Sites
7. Better meet the needs of End of Life Patients
8. Strengthen Supports for Patients who use Substances
9. Increase Local Access to Renal Services and necessary supports
10. Improve Timely Access to Proceduralists at NRGH

Progress on Priorities

Highest Medical Priority is to Provide More Appropriate Care for Critically Ill Patients at NRGH

Critical Care Reports of 2013/2014:

(a) New Intensive Care Unit – Funded! Sited for 2021.

(b) High Acuity Unit (HAU)

(c) Complex Medical Care Unit (CMCU)

(d) Access to Internal Medicine Specialists/Subspecialists
Cardiology, Neurology* and Gastroenterology (GI)

Largest hospital in Canada without GI!

High Acuity Unit (HAU) / Complex Medical Care Unit (CMCU)

- HAU – Heart Attacks, Strokes, Infections, Bleeds
- HAU – The proper place, with proper staff, for proper care of these patients. 10 Beds

- CMCU – Need a home for internists and to ensure coverage for the hospital

- HAU/CMCU
 - Game changers for care at NRGH!
 - Operating dollars – Working with IH Administration

Priority Subspecialty Medical Programs

➤ Gastroenterology

- NRGH Foundation – \$1.5 Million Endoscopy Suite
- IH Administration Coordinating – Need operating dollars

➤ Neurology

- **Critical need for a full Neurology service at NRGH**
- **More strokes in CI/NI**

➤ Cardiology

- Need to expand non-invasive services
- NRGH Foundation – \$2 Million Echo expansion with IH Administration
- **Need a Cardiac Catheterization Lab. Currently below standard of care**
- MSA sponsored data gathering project

Other Priority Services in the 5 Year Plan

➤ **Pediatric Mental Health Services**

- Critical – Better care of adolescents with mental health issues
- Proper Area – Pediatric ward and ER. IH Administration Assisting
- **Adult Psychiatry Need – Also Critical**

➤ **Cancer Services**

- Overwhelming demand
- 3 years ago = 22 patients per day. Now = 34 per day. An increase of 50%
- **Need a Cancer Centre!**

➤ **Surgical Services**

- Need to expand existing surgical services

5 Year Plan Priority Programs

- **Need a new Patient Tower to optimize these programs/care. Now!**
 - Need to start planning now to begin building in 5 years
- **Key ****
 - **Most programs we need can be up and running before this.**
 - **Need Operating Dollars**

Tertiary Care Program – Renal Services

Dialysis Unit – September 2010

- We care for >45% of dialysis patients on Vancouver Island (referred from all over CI/NI)
- With renal patients and our aging population, the acuity and complexity of patients has increased, requiring more resources and new types of care

Program/Physician Resources

(Most Nanaimo results = CI/NI. Not all Victoria Drs. work in hospitals)

	Hospital size	Dialysis patients	Nephro	GI	Cardiology /PCI	ID	Neuro	Endo
Nanaimo	345	240	6	0 3 – UI	3/No	2	2 <small>*not hospital based</small>	1
Victoria	RJH – 500 VGH – 344	290	7	16	26/Yes	8	16	9
Kamloops	254	140	3	5	6	2	4	0
Kelowna	400	160	4	10	14	6	9	2
Penticton	140	80	3	2	0	0	2	0
Trail	200	70	2	0	0	0	0	0
Prince George	208	190	3	3	1	2	3	0

Program/Physician Resources

(Most Nanaimo results = CI/NI. Not all Victoria Drs. work in hospitals)

	Ped. Psych	Adult Psych	Geri	Res.	Hem	Vas Sx.	Thor Sx.	Cancer Docs/ Cancer Centre	Rehab
NRGH	1	5 11 UI	1 2 UI	3 2 UI	1	0	0	0 No	2
Victoria	10	82	7	10	6	7	4	40 Yes	6

Services Lacking for the Proper Level of Care CI/NI

➤ **Medical**

- Proper ICU (coming!), High Acuity Unit, Complex Medical Care Unit
- Cardiology, Gastroenterology, Neurology, Hematology, Infectious Diseases, Endocrinology, Respiriology

➤ **Other**

- Pediatric Mental Health/Adult Psychiatry Services
- Cancer Centre – Oncologists
- Rehabilitation Services/Geriatrics

➤ **Surgical**

- Expand current services + Vascular/Thoracic

Tertiary Hospital – Benefits are Many!

- **Medical Staff does Amazing work despite resources!**
- **Patients can get the proper, timely care they need!**
- **New People, Jobs and Money in the Community**
 - Hospital Campus/Construction/Housing/Services
- **Destination City – VIU – Tertiary Hospital – Environment**
- **Future MEDICAL/TECHNICAL programs at VIU**

What can you do?

- **Be our Voice for the 5 Year Plan!**
- **Make our plan Your Plan!**
- **We need the voice of Community Leaders and the People of CI/NI to make this happen.**

5 Year Plan for NRGH: A Tertiary Hospital - Conclusion

- **Equity and Access to Tertiary Programs is what we lack above the Malahat in the CI/NI**
- **As Patients and Taxpayers we deserve a level closer to that of the SI. The 5 Year Plan Helps Achieve this.**

5 Year Plan for NRGH: A Tertiary Hospital - Conclusion

- **You and your FAMILY deserve access to healthcare that is equal to the care already provided to families in Vancouver and Victoria!!**
- **We need YOUR help to get YOUR families the care they deserve North of the Malahat!!**

It's Nanaimo's Turn!

Motion for Council:

We respectfully request this Council approve a motion to support a fully funded Tertiary Hospital at NRGH, in a timeline approved by the Nanaimo Medical Staff and the Patients of Central & North Island.

Thank you for hearing our delegation

- The Nanaimo Medical Staff Association